

## York Central Hospital's Redevelopment Reaches Half-Way Milestone

York Central Hospital recently celebrated the passing of the half-way mark for Phase One of its major expansion and renovation project slated for completion

in the summer of 2009. The event included the traditional ceremonial pouring of the last bucket of cement on the roof of its new North Wing as well as



**L-R:** John Aquino, Vice-President, Bondfield Construction; Reza Moridi, MPP, Richmond Hill; Bruce Harber, YCH President and CEO; David Bannister, Chair, YCH Board of Trustees; Priscilla Bernardo, ICU Nurse – Frontline Staff Representative; Mayor David Barrow, Town of Richmond Hill; Stan Neal, Capital Campaign Chair, YCH Foundation; and Harold Rose, PACU and Plastics Clinic Volunteer – Frontline Volunteer Representative, witness the pouring of the last bucket of cement on the rooftop of the North Wing.

a special Topping-Off Ceremony in the Hospital Atrium featuring a host of local dignitaries, hospital and foundation representatives, and a special message from George Smitherman, Minister of Health and Long Term Care delivered by MPP Elect for Richmond Hill, Reza Moridi.

"We have achieved a tremendous amount of work in a very short time. Already we have completed a new Family Birthing Centre, Inpatient Medicine Unit, a new Endoscopy Clinic, a new suite of Outpatient Clinics and opened 22 new Chronic Care beds. Over the next 17 months, the pace will continue with the opening of many more areas leading to the full completion of our new North Wing," says President and CEO Bruce Harber.

York Central Hospital Foundation donors have surpassed the *Share the Spirit of Care Campaign* \$35 million goal in support of Phase One of the Hospital's major expansion and renovation project.

"We are extremely grateful to Campaign Chair Stan Neal, the Campaign Committee and the hundreds of volunteers who have participated in our campaign. This is an outstanding

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## New Initiatives Helping YCH Move Toward Breast Health Care Excellence

York Central Hospital has a new digital mammography machine – thanks to the generosity of patrons of the 2006 Foundation Gala and Ernest and Flavia Redelmeier. This new state-of-the-art technology provides superior quality images in a fraction of the time of an analogue machine. Radiologists are better able to diagnose breast cancer especially in younger women and those with dense breast tissue. Early detection of breast cancer and other breast abnormalities will save lives.

Digital mammography machines allow for faster biopsies by giving physicians faster access to test results

and helping to determine if a patient requires further testing. If required, a biopsy is ordered by the family physician. Faster routine mammography results are ensuring faster access to biopsies for those patients who require this procedure.

York Central Hospital has created a new Physician Breast Cancer Hotline enabling physicians to call to check which surgeon can see their patients soonest for surgical referral. Physicians seeking a surgeon to treat patients with known or suspected breast cancer can access the shortest

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Dr. John Dawson, Nancy Brouillard, Clare Johnson, Dr. Gary Hochman, Diagnostic Imaging Chief and Clinical Director, and Wendy McInnis, MRT, with new digital mammography unit.

achievement and we extend our sincerest appreciation to all our donors for their ongoing support," says Nancy Coxford, Chair of York Central Hospital Foundation.

Phase One of the Hospital's Redevelopment project will house a myriad of essential health care services to meet the health care needs of the people of Southwest York Region. In addition to the already completed patient care areas, upon completion, our new North Wing will include a new and expanded:

- Emergency Department (three times the size of current ED)
- Critical Care Unit (double the size of current CCU)
- Dialysis Unit
- Two new Medical/Surgical Units
- Diagnostic Imaging Unit
- Inpatient Mental Health Unit
- Chemotherapy and Medical Day Unit and much more.

Designed in 1973, our Emergency Department was sized to accommodate no more than 25,000 visits per year. Today, we are already juggling more than twice that many patient visits and within the next three to five years we expect our annual volume to grow to 82,000 patient visits. For this reason, York Central Hospital is making the modernization of the Emergency Department one of its highest priorities. One of the first areas to open this summer will be our new expanded Emergency Department. The ED will undergo a major overhaul, growing to 21,000 square feet from its current size of 8,100 square feet.

Our redevelopment and our vision of York Central Hospital's future, however, is much more than just bricks and mortar, it is about creating a new kind of community hospital – one which improves community health through a holistic approach to wellness and disease management by meeting the diverse needs of the people we serve," says David Bannister, Chair of the Hospital Board of Trustees. ■

## Breast Health Care Excellence continued from page 1

wait time by surgeon, individual surgeon wait time and surgeon referral information. "The hotline will make a difference in how quickly a patient can get the appropriate care they need," says Dr. Larry Grossman, Chief of Staff, York Central Hospital. The hotline, coupled with the reduced wait time for mammography test results, will put York Central Hospital ahead in terms of speed and quality of care," he adds.

To further improve breast health services, York Central Hospital is creating a new Breast Health Centre within the Diagnostic Imaging Area. The Breast Health Centre is a 2,000 square foot area with 10 rooms. It will feature a dedicated waiting area, teaching/resource room, diagnostic screening suites, two more digital mammography machines and a biopsy unit.

To provide the \$1.75 million required for this project, a Breast Health Campaign Committee led by Chair,

Vilma Cortellucci-Fiuza has been established. Together this committed group of volunteers is working diligently to ensure the residents of southwest York Region benefit from the latest technology and facilities that will support York Central Hospital staff in providing superior breast health services.

Upon completion, the eagerly awaited Breast Health Centre will enable the hospital to perform approximately 6,000 more mammograms annually (about 25 additional patients daily). This much needed expansion to service will help physicians detect breast cancer earlier; which in turn leads to quicker turnaround time on biopsy results when a biopsy is required for further investigation; help to reduce anxiety for patients and their loved ones; and ultimately result in more breast cancer survivors. ■

### Breast Cancer Facts

Every week, 415 women across Canada are diagnosed with breast cancer and 102 women will die

Breast cancer is the most frequently diagnosed cancer among Canadian females

Breast cancer is the leading cause of cancer-related deaths among women in York Region

The current wait time for a screening mammography exam at York Central Hospital is 4 months

Men have breast tissue and, like women, can develop breast cancer – usually men 60 years of age or older

Early detection is the key to survival

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## Dinner to Honour Husband and Improve Technology

Recently York Central Hospital Foundation was privileged to be invited into the home of Dr. Shahnaz Dar and her family as they celebrated the life of her late husband, Dr. Jamil Dar, who passed away in 2006.

On March 2nd, more than 50 guests were welcomed into the Dar home and enjoyed a wonderful reception and buffet dinner. Among the guests were MP's Bryon Wilfert and Jim Karygiannis, MPP's Frank Klees and

Dr. Helena Jaczek, Tassaduq Hussain, Consul General of Pakistan, and Richmond Hill Mayor Dave Barrow and members of Council. The official portion of the evening included an address by Dr. Dar's daughter, Seema who moved the crowd with a tribute to her father. Many of the guests spoke with great respect for Dr. Jamil Dar's commitment to community service and that now much of his work has been taken on by his wife, Shahnaz. The family decided to raise funds to purchase four needed defibrillators for York Central Hospital where the family was grateful for the exceptional care Dr. Jamil Dar received from our dedicated staff.

However, this was not the end of Dr. Dar's assistance. She was also instrumental in helping York Central Hospital Foundation with its first-ever radio-thon held February 7th on WTOR 770 AM Toronto. Dr. Dar was able to speak to the Muslim community about the work being done at York Central Hospital and the community responded generously.

Thank you to Dr. Dar and her family and guests for their generosity and support of York Central Hospital. ■



**L-R:** Naim Malik, YCH Foundation Community Gifts Committee and YCH Diversity Council member; Karen Delaney, Director of Development, YCH Foundation; Bill Leacy President, YCH Foundation; Nancy Coxford, Chair, YCH Foundation and Dr Shahnaz Dar, YCH Foundation Community Gifts Committee

## Corma Inc. and the Lupke Family Support the Woman and Child Program

Foundation Board Member and President of Corma Inc. Manfred Lupke and his family, have made a generous gift that helped build and furnish a Birthing Suite in York Central Hospital's newly opened

Family Birthing Centre. York Central now has the capacity to provide state-of-the-art prenatal and post-natal care for 3,200 babies and expectant mothers each year. The new Centre includes eight Birthing

Suites featuring home-like décor, private ensuite bathrooms, two operating suites, a triage area and Fetal Assessment Room, a Neonatal Resuscitation Room and Maternal Fetal Medicine Clinic. ■

## Salute to Richmond Hill Rotary

Canada Pakistan Business Council's January 25th Dinner at Bayview Golf & Country Club honoured the Richmond Hill Rotary Club's history of community support with a donation of \$5,000. Richmond Hill Rotary's President Samir Dossal accepted the gift and then used the occasion to present York Central Hospital Foundation with the final instalment on their \$50,000 pledge to the *Share the Spirit of Care Campaign*. Proceeds will go to furnish five new acute care patient rooms as part of the expansion.

Since 1975 the Richmond Hill Rotary Club has donated over \$140,000 for new medical technology in virtually every area of the Hospital. ■



**L-R:** Rick Sulker, Director, YCH Foundation; Bill Leacy, President and CEO, YCH Foundation; The Honourable Bryon Wilfert, C.P., M.P.; Tassaduq Hussain, Consul General of Pakistan, Nancy Coxford, Chair, YCH Foundation; The Honourable George Smitherman, Minister of Health and Long-Term Care for Ontario; Mayor Dave Barrow; Andy Merchant, President, Canada-Pakistan Business Council and Samir Dossal, President, Rotary Club of Richmond Hill

# SPOTLIGHT ON... COMMUNITY FUN(D) RAISERS

Thanks to the following businesses, individuals and community groups who, since the last issue of Foundation Facts, have had special events to raise funds on behalf of **YORK CENTRAL HOSPITAL FOUNDATION**.

**SHOPPERS DRUG MART** customers and employees participated in the cross-Canada "Tree of Life" Campaign, in support of local and national charities. Thanks to the local efforts of Shoppers Drug Mart customers and employees in Richmond Hill, \$6,255 was raised for York Central Hospital. Thank you to everyone who supported this event.



**L-R:** Jayne Kozovski, YCH Foundation Director of Major Gifts; Venezza Chin, pharmacist and owner of Shoppers Drug Mart, 9651 Yonge Street; and Bill Leacy, YCH Foundation President

**RICHMOND HILL COUNTRY CLUB** held their first annual Charity New Year's Eve Gala on December 31, 2007 and donated \$20 from the sale of each ticket to York Central Hospital. Guests celebrated the New Year with the gift of giving. Thank you to everyone for their generous donation of \$5,645 raised at the event.



**L-R:** Lorie Bodanis, Lino Ferreira, Emma Young Day & Tracy Murphy Moses, Richmond Hill Country Club Event Committee



Thank you to **P.G. MILLER ENTERPRISES LTD.** for donating the proceeds from the coin boxes at their McDonald's® locations to York Central Hospital. Since July, 2007 a total of \$1,732.76 has been raised.

**WILSON HEIGHTS LODGE, B'NAI BRITH** made a generous donation of \$500 to York Central Hospital. Many thanks to the members whose motto is "People Helping People."

**DR. JOEL KRIVY** made a generous donation of \$800 in appreciation of the care he received at York Central Hospital. These funds were raised through the sale of his CD "The Radiation Sessions". Thank you.

**HARRY'S NO FRILLS** – Once again Harry's No Frills in Richmond Hill organized a "Smile" campaign in support of the Pediatric Unit at York Central Hospital and raised \$824. Customers were asked to purchase a banana-shaped "smile" for \$2 on which their name was written and placed in the store window. Thanks to Harry Reurink for his ongoing support!



Harry Reurink, Harry's No Frills

**ROYAL LEPAGE REAL ESTATE** at 8000 Yonge Street, Thornhill held their annual pumpkin sale last October and raised \$2,000. Since 1996 this annual event has raised over \$18,000 to help fund new medical technology at York Central. Thank you to Gary Roach and everyone involved at Royal LePage Real Estate!



**ROYAL CANADIAN  
LEGION BRANCH**

**375's** Paul Ducharme presents Foundation President Bill Leacy with an incredible \$27,000 donation to purchase an Adult Ventilator for York Central Hospital. Since 1978, Legion members, through the Poppy Fund, have funded life-saving equipment throughout York Central Hospital.

Thank you!

Many thanks to **THE RICHMOND HILL MEN'S BASEBALL LEAGUE AND DR. ALLAN KAPLAN** who completed a long-term pledge to York Central Hospital. A patient care room will be named in their honour in the soon-to-be opened Town of Richmond Hill Acute Care Wing at York Central Hospital.

**JACK ASTOR'S BAR & GRILL** in Richmond Hill presented York Central Hospital Foundation with a \$745.75 donation raised at their golf tournament. Thank you to everyone who supported the event.

**LA FONDAZIONE SAN GERARDO MAIELLA WOODBRIDGE** held a Gala in November to raise funds in support of our Woman & Child program. In honour of Saint Gerardo Maiella, the Patron and Protector of expectant mothers, the organization has directed the \$10,000 raised to purchase a defibrillator for the Family Birthing Centre.

Support York Central Hospital by Organizing a Fundraising Event!  
**Get Creative and Have Fun!**



**GOLF  
TOURNAMENT**



**DRESS DOWN  
DAY**



**BASEBALL  
TOURNAMENT**



**WALK-A-THON**

York Central Hospital Foundation values every effort and contribution. We encourage creativity in organizing the event to make it your own and to make it as special and memorable as possible for everyone who participates.

Your efforts will benefit everyone in the community by helping to improve health care and supporting your community hospital –  
**York Central Hospital.**

For information, please call

**Linda Chown,  
Special Event Coordinator**

York Central Hospital Foundation

**905-883-2032**



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# Ask an Expert – What is new in Arthritis Treatment?

Innovative treatments are providing exciting new management options and improved results for arthritis patients.

In Osteoarthritis, the main issues are cartilage damage and secondary inflammation. “Viscosupplementation” and a “Topical anti-inflammatory” provide new alternatives to traditional NSAID’s (anti-inflammatory) such as aspirin or ibuprofen. Man-made joint fluid injected into the knee joints (primarily) act as a lubricant and anti-inflammatory agent. It does not cure but can provide relief for up to 12 months. As well, a new topical anti-inflammatory preparation allows a traditional NSAID to be absorbed directly from the skin into the joint. This avoids traditional gastrointestinal and systemic side effects.

In Rheumatoid Arthritis, “Biologic

Agents” neutralize important molecules in the inflammation pathways. Earlier diagnosis and often the initiation of Biologic treatments can result in protection of joint structure. The once thought inevitable sequence of damage, disability and the loss of independence from crippling can now be avoided. With this objective the York Central Hospital Rheumatology Division has created a multi-disciplinary “Early Rheumatoid Arthritis Clinic”. This occurred through the support of the pharmaceutical industry and collaboration with our Rehab Services, Pharmacy Services and The Arthritis Program of Southlake Regional Health Centre.

It is a great era to be a Rheumatologist but it is an even better era if you are an Arthritis patient. ■



Dr. Michael Sugai, Rheumatologist

*The Health Care system  
can be  
complex to navigate.*

*If you need information  
about services at  
York Central Hospital,  
our Foundation staff  
would be pleased  
to assist in finding  
the answers.*

*Please feel free  
to call Tammy Bucci  
at the  
Foundation Office*

**905.883.2032**

## Life Insurance Can Also Be a Way to Help Your Hospital

Although the majority of gifts today are in the form of donations, there is a growing interest in making a gift to your Hospital Foundation through a Will or other forms of estate planning. Life insurance has long been one way to make a substantial contribution to a charity.

Donating a new policy is an easy form of life insurance gift. You would contact your life insurance agent, establish a new policy in your name and make the beneficiary York Central Hospital Foundation. The insurance agent would collect the first premium (the first premium is not eligible for a charitable tax receipt.) You would then have your agent transfer the ownership to York Central Hospital Foundation. Once ownership is transferred, you would then be eligible for charitable tax receipts for your premium payments.

In the case of existing whole life policies which accumulate cash values, a couple of options exist. If a policy is relatively mature, the premiums may be covered by the

dividends or other investment income received annually. If you decide that the insurance is no longer necessary for protection purposes, you may change the beneficiary to York Central Hospital Foundation. A tax receipt will be issued to your estate upon your death for the full amount of the life insurance benefit.

Alternatively, the policy may be given outright to York Central Hospital Foundation. You will receive a tax receipt for the accumulated cash values. (In most cases, the donor will incur a taxable capital gain in this transaction which will be more than offset by the benefit.) This approach gives the charity the option of holding the insurance until the death benefit is received or cancelling the insurance and receiving and investing (or using) the cash value.

As always, individuals should consult their financial advisors about the implications of making such a donation in their particular circumstances. ■



# It was a Magnificent Night In Support of York Central Hospital

Romance was in the air as 1,000 guests attended York Central Hospital Foundation's 20th annual Gala, "Romanza" on November 2nd, 2007 at LeParc, Markham to raise funds for the Surgery Program at York Central Hospital.

Guests were welcomed by Master of Ceremonies Ken Shaw, National Editor and Anchor Weekdays, CTV News Toronto. Violinist Grenville Pinto entertained during the cocktail reception and guests danced to the upbeat sounds of The Rhythm Kings Band and enjoyed a gourmet meal preceded by our famous antipasto and martini bar.

The exciting live auction included fabulous experiences such as a "Rendezvous at the Ritz" valued at \$17,000 and a "Sportsman's Dream" package valued at \$10,000. For those who weren't successful during the live auction, the silent auction featured over 350 unique items ranging from "Great Days and Getaways" to "Jewellery and Fine Collectibles". Also, at the end of the evening, one very lucky guest walked away with a diamond bracelet with a suggested insurance coverage value of \$50,000 as a result of purchasing one of a limited number of raffle tickets.

Most importantly, our guests were able to take pride in the fact that they raised a record amount in support of the Surgery Program at York Central Hospital. A very special thank you to everyone who supported the event and helped improve health care in our community.

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The success of our annual Gala relies on the tremendous efforts of the Committee members. We would like to extend a sincere thank you to each and every member of the 2007 Gala Committee for your generous support, enthusiasm and commitment. Congratulations on a fabulous job!

- Gala Chair **Julie Fuda\*** • Silent Auction Co-Chairs **Angela Haryott\***, **Lee Zanetti\*** • Live Auction Chair **Vivian Risi\***
- Ticket Sales Co-Chairs **Vince Agozzino\***, **Michael Ciccolini\*** • Wine Cellar Chair **Rick Sulker\*** • Entertainment Chair **Linda Miklas\*** • Logistics Chair **Sue Cratchley\***

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\* Gala Cabinet



Gala Chair Julie Fuda with  
Foundation Chair Nancy Coxford.



Rick Sulker, former Foundation Chair, purchases his raffle  
ticket from Lee and Heather Cratchley, Gala volunteers.

**Please keep November 7th, 2008  
open for York Central Hospital Foundation's  
21st annual Gala.  
For information please call Karen Delaney  
at 905-883-2032.**

A partnership between York Central Hospital Foundation and  
The Liberal and The Vaughan Citizen Newspapers



# Share the Spirit of Care 5k Run/Walk

In Support of  
York Central Hospital's  
Breast Health Centre  
within Diagnostic  
Imaging Department



## Register Today!



**Saturday, May 3, 2008, Richmond Green, Richmond Hill**

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